

<b>Lot No</b>	<b>Description</b>
1	Life Fitness 95TI Treadmill
2	Life Fitness 95TI Treadmill
3	Life Fitness 95TI Treadmill
4	Airuno 2 Spin Bike
5	Horizon Fitness Model:S3 Plus Spin Cycle
6	Concept Two Rower with PM3 Display
7	Concept Two Rower with PM3 Display
8	Stand Up Abdominal Work Out Bench
9	Adjustable Gym Bench
10	Adjustable Gym Bench
11	Work Out Bench with Leg Press
12	Abdominal Lay Down Work Out Machine
13	Balance Board
14	Medicine Ball Rack
15	Three Gym Balls
16	Set of 12 Dumbells on Rack 1kg - 15kg
17	Twelve Piece Kettlebell Set 2kg - 24kg with Rack
18	Reebok Step
19	Warrior Workout Rope
20	Five Gym Mats 3ft x 5ft
21	Massage Roller
22	Massage Roller
23	Massage Roller
24	Life Fitness 95XI Cross Trainer
25	Life Fitness 95XI Cross Trainer
26	Two Sets of Sparring Gloves and One Pair of Boxing Gloves
27	Gym Ball, Agility Ladder and Cones

<b>Lot No</b>	<b>Description</b>
28	RDX Sports Speedball
29	Maxx UpperCut Bag with Bracket
30	Maxx Heavy Bag with Bracket
31	Loose Loaded Seated Calf Raise Machine
32	Soft Ply Metric Box Set by Jordan
33	Box of Pink Padlocks with Keys
34	Box of Blue Padlocks with Keys
35	Miele Vacuum Cleaner
36	Veltech 40" Flat Screen TV with Wall Bracket & Remote Control
37	First Aid Kit and Eye Wash Station
38	Co2 Fire extinguisher
39	Wall Mounted Gym Mirror - 6ft x 4ft
40	Set of Health Plus Scales
41	Dry Powder Fire Extinguisher
42	Two Gym Mirrors - Each 6ft x 4ft
42A	Powerbag Slambag Set 5kg - 25kg with Wall Brackets
43	Gymnasium Cooling Fan
44	Two Gym Mirrors - 6ft x 4ft
45	Foam Fire Extinguisher
45A	Two Gym Mirrors - 6ft x 4ft
46	Dry Wipe Whiteboard
47	Gymnasium Fan
48	Co2 Fire Extinguisher
49	5ft x 4ft Gym Mirror
50	6ft x 4ft Gymnasium Mirror
51	Barbarian Line Squat Rack with Safety Attachments
52	Sportline Squat Rack

<b>Lot No</b>	<b>Description</b>
53	Sportline Smiths Machine
54	Multi Positional Gym Bench
55	Seated Lat Pull Down Loose Loaded
56	Standing Calf Raise Machine
57	Seated Chest Press Loose Loaded
58	Seated Shoulder Rears Loose Loaded
59	Seated Fly Machine
60	Loose Seated Row
61	Reverse Seated Lat Pull Down Machine Loose Loaded
62	Bench Press with Guidance Panel
63	Bench Press
64	Multi Function 8 Station Cable Machine with Attachments
65	Seated Bicep Curl
66	Standing Leg Press Loose Loaded
67	Seated Leg Raise Machine
68	Lay Down Leg Raise Machine
69	Standing Hack Squat Press Loose Loaded
70	Vertical Leg Press
71	Standing Deadlift Machine
72	Seated Tricep Machine Loose Loaded
73	Seated Chest Press Machine Loose Loaded
74	Seated Tricep and Dip Machine
75	Chin and Dip Work Station
76	Multi Positional Gym Bench
77	Multi Positional Gym Bench
78	Multi Positional Gym Bench
79	Twelve Pairs of Alex Dumbbells with Rack 2.5kg - 20kg

<b>Lot No</b>	<b>Description</b>
80	Twelve Pairs of Alex Dumbbells with Rack 22.5kg - 60kg
81	Ten Alex Curl Bars 10kg - 45kg
82	Seated Bicep Curl Loose Loaded Machine
83	6ft x 5ft Gym Mirror - Loose Fitted
84	6ft x 5ft Gym Mirror - Loose Fitted
85	6ft x 5ft Gym Mirror - Loose Fitted
86	6ft x 5ft Gym Mirror - Loose Fitted
87	6ft x 5ft Gym Mirror - Loose Fitted
88	6ft x 5ft Gym Mirror - Loose Fitted
89	Set of Rogue Olympic Weights 5kg - 25kg - 18 Weights Total
90	Tricep Bar
91	Olympic Bar
92	Olympic Bar
93	6ft Deadlift Bar
94	3ft Deadlift Bar
95	Three Kettle Weights 28kg, 32kg, 40kg
96	Seven 1 m2 Deadlift Mats and Offcuts
97	Standing Olympic Squat Bar
98	Specialist Olympic Squat Bar
99	Olympic Bar
100	Olympic Bar
101	Specialist Olympic Bar
102	Olympic Bar
103	Olympic Curl Bar
104	Set of Olympic Bar Lifting Chains
105	Alex Olympic Weights 4x20kg 4x15kg 4x10kg 4x5kg 2x1.25kg
106	Set of Alex Olympic Weights 4x20kg, 4x15kg, 4x10kg 4x5kg, 4x2.5kg

<b>Lot No</b>	<b>Description</b>
107	Set of Alex Olympic Weights 4x20kg, 4x15kg, 4x10kg, 4x5kg, 3x2.5kg
108	Set of Alex Olympic Weights 4x20kg, 4x15kg, 4x10kg, 4x5kg
109	Alex Olympic Weights 8x20kg, 8x15kg, 8x10kg
110	Set of Alex Olympic Weights 8x20kg, 8x15kg, 6x10kg
111	Set of Alex Olympic Weights 8x20kg, 6x15kg
112	Set of 20 Alex 20kg Olympic Weights
113	Gym Block
114	Five York RDX and Other Weightlifting Belts
115	Resistance Straps
116	Set of Wrist Straps, Head Wrap, Weight Belts and Resistance Band
117	Four Weight Belts
118	Crane 25kg Weight Vast
119	Assorted Wrist Straps, Ankle Wraps, Weight Belts etc
120	Two 5x3ft Gym Mats
121	25m Roll of Yellow Vinyl Covering
122	Two Chrome Waterfall Shower Heads
123	Two Blue Roll Paper Towel Dispensers
124	Four Sets of LED Strip Lights
125	Stanley Electric Pinner
126	Toilet Roll and Paper Towel Dispensers
127	Titan Wet And Dry Vacuum Cleaner
128	Seven Boxes of Stone Grey Ceramic Tiles 300x600
129	One Two Bank and One Three Bank Set of Wood Effect Lockers
130	Two Banks of Three Wood Effect Lockers
131	7x6 Metre Mezzanine Floor with Staircase with 2.5 Metres of Headroom
132	Samsung Flat Screen TV
133	6mx7m Mezzanine Floor with 2.5m Headroom and Staircase

<b>Lot No</b>	<b>Description</b>
133A	Approx 50 6ft x 4ft Heavy Duty Gym Mats plus Offcuts
134	Veltech 40" Wall Mounted Flatscreen TV with Wall BRacket and Remote Control
135	Xvim 8 Camera CCTV System with 1Tb Recordable Hard drive
136	Cassio SE-G1 Cash Register
137	Izettle Card Payment Facility with Docking Station Two Readers
138	Two First Aid Kits
139	Sunbuck Model AV-MP326BT Professional Digital Echo Mixer Power Amplifier
140	Sunbuck Model AV-MP326BT Professional Digital Echo Mixer Power Amplifier
141	Two Undrilled Wall Mirrors
142	2.7kg Bag of PHD Advanced Mass Chocolate and Peanut Butter Flavour
143	500g Bag of PHD Diet Whey Cherry Bakewell Flavour
144	2lbs Bag of Dedicated Fusion Pro Strawberry Ice Cream Flavour
145	2lbs Bag of Dedicated Fusion Pro Banana Ice Cream Flavour
146	Four Bottles Containing 100 Applied Nutrition Vitamin C 1000mg
147	2lbs Tub of Animal Muscle Food Vanilla
148	908g Tub of ISO Whey Zero Protein Drink Powder Banana
149	Nutrisport 90 Plus Protein Base Chocolate Flavour
150	Animal Muscle Food Whey Banana Cream Flavour
151	Nutrisport 90 Plus Protein Base Banana Flavour
152	Muscle Milk Protein Vanilla Flavour
153	Nutrisport Protein and Carb All in One Banana Flavour
154	2kg Tub of Isotonic High 5 Advanced Sports Mix Citrus Flavour
155	Dymatize 2943g of Super Mass Gainer Strawberry
156	Dymatize 2943g of Super Mass Gainer Rich Chocolate
157	2.25kg Tub of Matrix Anabolic High Protein Low Carbohydrate & Fat Banana Flavour
158	2.25kg Tub of Matrix Alpha Test Strawberry Flavour
159	True Refrigeration Model GDM10 Braded Drinks Refrigerator

<b>Lot No</b>	<b>Description</b>
160	Glacial Refrigeration Glass Fronted Drink Refrigerator - Unbranded
161	Brown Gas Lift Faux Leather Bar Stool on Chrome Support
162	Set of Four Wall Mounted Pyle Speakers